

**General Advice:** These instructions are general advice only and do not take into account your specific circumstance. These instructions are to be used in conjunction with the information provided by your health professional and any instructions provided by the equipment manufacturer. Do not exceed the Maximum User Weight specified by the manufacturer. If you are unsure on how to use or fit a piece of equipment, please contact your Health Professional or Country Care Store.

## Electric Bed Use

- Electric beds come with various adjustable features to improve the positioning and comfort of its user. They generally come with head elevation and knee break, however some models are height adjustable, which allows easier bed transfers and carer assistance. Trendelenburg is also a function that can assist with bed transfers and bed mobility, it is a tilt function that places the user on an incline either with their head above their legs or where the legs are higher than the head. This position can also assist with some circulatory medical conditions however it is recommended that you speak with your doctor before using this feature
- It is important to ensure that you have a mattress compatible with the electric bed and that it is an appropriate mattress for the user's needs and requirements. Considerations include a user's pressure care needs, bed mobility and transfers
- If you have concerns regarding the choice of mattress or understanding how best to use the electric bed features to assist you and your user, your supplier may suggest you speak with a Healthcare Professional

## To Fit

1. Carefully read the instructions provided with the adjustable bed to ensure that you have all of the necessary parts and understand the assembly process
2. Measure the area where you plan to place the adjustable bed, including the height and width of the room and the size of the doorways to ensure that the bed will fit through them
3. Assemble the adjustable bed frame according to the manufacturer's instructions. This may involve attaching legs, motors, and other components to the main frame of the bed
4. Once the bed frame is assembled, place it in the desired location and install the mattress on top of it
5. Once the bed is assembled and in position, make sure to test the stability of the bed by gently pushing on it to ensure that it is stable and secure
6. Finally, plug in the bed and set up the bed's power source, if it is a power adjustable bed
7. If the bed comes with a remote control, test it to make sure it works properly, and follow the instructions on how to use it to adjust the bed to different positions



## How To Use An Electric Bed

- Before using the bed ensure the brakes are firmly applied to the bed castors so there is no movement when entering and exiting the bed. Some beds may require the castors unlocked at either head or foot end to allow small movement of castors when raising, lowering or tilting. If using the Trendelenburg feature move the head of the bed away from the wall a few inches to ensure if tilted it does not interfere with the wall or any plug sockets behind it
- Following the User Instruction manual that comes with your bed, use the remote control or the bed's control buttons to adjust the various positions. Ensure that the person using the bed has the cognitive ability to use the controls safely and correctly

## PRECAUTIONS & SAFETY

- Do not exceed the Safe Working Load prescribed by the manufacturer
- Before leaving a user in the bed, the functions of the bed should be checked to ensure full functionality is available
- Ensure that the bed head and foot sections will not come in contact with fixed objects such as window sills and shelves as this can cause damage to the bed
- Wheels on the bed should be locked once it is positioned in the desired place to avoid it rolling away when user is entering or exiting the bed
- If the bed is being used with folding side rails, ensure that an Allied Health Professional has assessed the user suitability for restraints
- Despite safety mechanisms being in place to avoid pinching: fingers, hands, arms and legs should not be put underneath the raised head or leg sections at any time

## MAINTENANCE & CLEANING

- Please check the product label / user manual for specific cleaning instructions
- Follow instructions on labels where present
- Because electronics are used on the bed, special care should be taken to avoid getting water on the electrical components
- Should the equipment appear damaged, **DO NOT USE.** It may require replacing