

Raised Toilet Seat

General Advice: These instructions are general advice only and do not take into account your specific circumstance. These instructions are to be used in conjunction with the information provided by your health professional and any instructions provided by the equipment manufacturer. Do not exceed the Maximum User Weight specified by the manufacturer. If you are unsure on how to use or fit a piece of equipment, please contact your Health Professional or Country Care Store.

Raised Toilet Seat Use

- A raised toilet seat is a device that provides extra height to enable people to safely stand up/down from the toilet. The raised toilet seat replaces your current toilet seat and secures onto the toilet bowl. This is a non-permanent option and can be removed at any time when no longer required
- Raised toilet seats come in different height increments and some also have armrests or grab bars for added support

Safety

1. If you have a raised toilet seat with no arm support, and even with the increased height you find yourself landing heavily onto the seat when sitting, it is recommended that you have a raised toilet seat with arms. The arms can assist in controlling your descent. Continued uncontrolled heavy sitting onto the raiser can move its position over time and become unsafe
2. Ensure you check the maximum user weight of the Toilet Raiser to confirm its weight capacity for the intended user

Installation

1. Remove the existing toilet seat. Loosen the nuts or bolts that hold the existing seat to the toilet bowl and remove the seat
2. Place the raised toilet seat onto the toilet bowl and align it with the bolt holes
3. Use the provided hardware (nuts, bolts, or clamps) to secure the raised toilet seat to the toilet bowl, making sure it is level and stable
4. Some raised toilet seats can be adjusted to different heights, in this case, you can adjust the height to your comfort
5. Ensure the raised toilet seat is secure and does not move before using
6. If you have concerns or difficulty installing a raised toilet seat please advise your supplier who may be able to assist with installation



How to Use a Raised Toilet Seat

1. Lower yourself onto the seat by sitting down as normal bearing in mind that the toilet seat height will have now changed
 2. If the raised toilet seat has armrests or grab bars, use them to help lower yourself onto the seat and to help you stand up
- **If you have safety concerns with transfers on/off the toilet be sure to contact your Healthcare Professional**

PRECAUTIONS & SAFETY

- Ensure the raised toilet seat is secure and does not move before using

MAINTENANCE & CLEANING

- Please check the product label / user manual for specific cleaning instructions
- After cleaning, always re-check the raised toilet seat to ensure it is secure
- If the equipment appears damaged, **DO NOT USE.** It may require replacing