



# Electrically Adjustable Beds

## INSTALLATION & SAFE USE GUIDE

These instructions are to be used in conjunction with the information that your Occupational Therapist has already discussed with you.

### What Are Adjustable Beds Used For?

- Adjustable beds are designed to increase user independence and comfort.
- The type of bed required depends on the specific needs of the user.
- Always seek advice from an Allied Health Professional to determine which type of electrically adjustable bed is right for the user.

### To Fit

- User height, width and weight are key factors in fitting for the correct bed.
- Choosing the right mattress with the appropriate level of pressure relief is essential for maximum user comfort.
- Your Allied Health Professional should be consulted to determine the best type of mattress for you.
- Beds are most commonly a standard single bed size however heavy duty and longer beds are available in specific cases.

### How To Use An Adjustable Bed

- Beds are simple to use with all functions available on the handset.
- Before use please ensure that an Allied Health Professional has approved the use of each function as users with certain medical needs may not be suitable for using tilt and leg raise functions.

#### Functions include:

- Raising and lowering the head section is beneficial for eating, reading and for those with cardio thoracic or respiratory issues.
- Raising and lowering the leg section can provide relief for many conditions including those with low blood pressure or lower limb oedema.
- Raising and lowering the bed height can assist with transfers and entry/exiting the bed.
- Tilting the bed (if function is available) can assist with various conditions along with being of assistance for patient mobility within the bed.



### PRECAUTIONS & SAFETY

- Before leaving a user in the bed, the functions of the bed should be checked to ensure full functionality is available.
- Ensure that the bed head and foot sections will not come in contact with fixed objects such as window sills and shelves as this can cause structural damage to the bed frames.
- Wheels on the bed should be locked once it is positioned in the desired place to avoid it rolling away when user is entering or exiting the bed.
- If the bed is being used with folding side rails, ensure that an Allied Health Professional has assessed the user suitability for restraints.
- Despite safety mechanisms being in place to avoid pinching: fingers, hands, arms and legs should not be put underneath the raised head or leg sections at any time.

#### TO BE USED AS PER THE MANUFACTURERS WEIGHT RECOMMENDATIONS

### MAINTENANCE & CLEANING

- Follow instructions on labels where present.
- Beds should be cleaned with a damp cloth and a gentle soap with water.
- Because electronics are used on the bed, special care should be taken to avoid getting water on the electrical components.