



# Hand Held Shower

## INSTALLATION & SAFE USE GUIDE

These instructions are to be used in conjunction with the information that your Occupational Therapist has already discussed with you.

### What Are Hand Held Showers Used For?

- For clients using a bath seat or chair outside the bath/shower.
- They can have one or two arms depending on water outlets:
  1. Single / mixed temperature.
  2. Double / separate hot cold outlets.
- Shower hose is available in 1.5 and 2 metre lengths with plastic hose. Some have stainless steel outer casing.
- If used outside bath or shower, the hand held shower can fit on basin or laundry taps.

### To Install

- Before fitting, undo the clamp at the tap end of the hose cup to assess closeness of fit.
- Use insert inside cup to adjust for different size tap widths. If tap is smaller, use insert to allow closer fit.
- Fit cup over tap nozzle as far as comfortable allowing full water flow, then tighten clamp around tap nozzle.
- When fitting hose, to minimise chance of back injury, step into bath when pushing cup onto tap and tightening clamp.



*Hand held showers are also available in single tap configuration*

### PRECAUTIONS & SAFETY

- A non-slip mat can be used on the bottom of the bath to prevent feet slipping when reaching for tap to adjust water temperature.
- Before getting out of the bath, be sure the hose is placed up out of the way and not tangled with your feet.

### MAINTENANCE & CLEANING

- Do not unscrew the head as this will prevent a proper seal.
- The plastic will perish faster if the water temperature is above 50 degrees.
- To prevent scaling, a plumber can re-adjust the hot water thermostat to 50 degrees.
- Should the equipment appear damaged – **DO NOT USE**. It may require replacing.